

**IX. MEDNARODNA  
ZNANSTVENA  
KONFERENCA**

**IX. INTERNATIONAL  
SCIENTIFIC  
CONFERENCE**

**PREHRANA, GIBANJE IN ZDRAVJE**

**FOOD, EXERCISE AND HEALTH**

**21. 11. - 23. 11. 2018**

**Svečana otvoritev 21. novembra ob 9.00  
Official opening November 21th at 9 a.m.**



Lendavska 28, Rakičan,  
9000 Murska Sobota  
Tel. št.: 02 535 18 96  
Fax: 02 535 18 97  
e-mail: [info@ris-dr.si](mailto:info@ris-dr.si)  
<http://www.ris-dr.si>

## PROGRAM

**Sreda / Wednesday, 21. 11. 2018**

**08.30 – 09.00 Registracija udeležencev / Registration**

**09.00 – 09.15 Otvoritev znanstvene konference in pozdravni nagovor / Official opening and introduction**

**Predstavitve / Presentation 9.15 – 10.30**

dr. Jurij Planinšec in dr. Črtomir Matejek: POVEZANOST GIBALNE DEJAVNOSTI IN UČNE USPEŠNOSTI DEČKOV IN DEKLIC / RELATIONSHIP OF PHYSICAL ACTIVITY AND ACADEMIC ACHIEVEMENT OF MALE AND FEMALE STUDENT

Alenka Kern: POMEN REDNEGA GIBANJA ZA OTROKE / THE IMPORTANCE OF REGULAR PHYSICAL ACTIVITY FOR CHILDREN

Eva Budna: JOGA ZA OTROKE / YOGA FOR CHILDREN

Melita Irman: POUK V GOZDU / LEARNING IN THE FOREST

Polonca Kačičnik: MEPI PROGRAM, KI SPREMINJA ŽIVLJENJA / MEPI PROGRAM, WHICH CHANGE THE LIFE

Igor Uranjek: ATLETSKI PETEROBOJ NA SREDNJI ZDRAVSTVENI ŠOLI CELJE / PENTATHLON IN SECONDARY SCHOOL FOR NURSES CELJE

**10.30 – 10.45 Odmor / Break**

**Predstavitve / Presentation 10.45 – 12.30**

Hema Hanc: PAEYBALL – ZABAVNI ŠPORT / PAEYBALL – FUN WITH SPORT

Simona Žlof: OZAVEŠČANJE DIJAKOV O ZDRAVEM NAČINU ŽIVLJENJA KOT DOGODEK PROJEKTNE NALOGE / BUILDING STUDENTS' AWARENESS ON HEALTHY LIFESTYLE AS A PRACTICAL PART OF A PROJECT

Maja Jerič: MOTNJE HRANJENJA PRI MLADOSTNIKI / EATING DISORDERS AMONG YOUTH

Marko Kubale: HRANA V MATEMATIKI / FOOD IN MATHEMATICS

Tanja Hudobivnik: EKOLOŠKA PREHRANA V ŠOLI IN DOMA / ORGANIC FOOD AT SCHOOL AND AT HOME

Romana Šarec Rojc: »ZDRAVA IGRA – ZDRAV IN VESEL OTROK« / "HEALTHY GAME – HEALTH AND WELL CHILDREN"

Matej Povž: OBRAVNAVA NARAVNIH OBLIK GIBANJA Z UPORABO DIDAKTIČNIH KARTONOV / TEACHING NATURAL MOVEMENTS WITH DIDACTIC CARDS

Ina Abram: UČENJE IN GIBANJE / LEARNING THROUGH MOVEMENT

Klavdija Žabčič: GIBALNA ZGODBA / THE MOMENTUM STORY

Ksenija Žuman: GIBANJE ZA ZDRAV CELOSTNI RAZVOJ OTROKA / MOVEMENT AS BASIS FOR HEALTHY DEVELOPMENT IN EARLY CHILDHOOD

**12.30 – 13.30 Kosilo / Lunch**

**Predstavitve / Presentation 13.30 – 15.00**

Vid Ismajlovič: TERENSKO ROLKANJE – SKIKE / CROSS SKATES – SKIKE

Anica Šaljaj: DELAVNICA ZA NADARJENE DEVETOŠOLCE NA TEMO ZDRAVA PREHRANA IN TELESNA AKTIVNOST / WORKSHOP FOR TALENTED PUPILS ON HEALTHY NUTRITION AND PHYSICAL ACTIVITY

Suzana Štefanec Kodila: ŠPORTNI DAN, ZANIMIVA IZKUŠNJA / SPORTS DAY, AN INTERESTING EXPERIENCE

Simona Klement: POSTAL BOM PLAVALEC / I WILL BECOME A SWIMMER

Alenka Komljanec: GIBALNE AKTIVNOSTI V PROJEKTNEM DELU Z LUTKO / MOVEMENT ACTIVITIES WITHIN PROJECT WORK WITH A PUPPET

Elvira Laharnar: GIBANJE KOT VZGOJNI ELEMENT PRI VZPOSTAVLJANJU MEDGENERACIJSKIH VEZI IN OBLIKOVANJU SAMOPODOBE PREDŠOLSKEGA OTROKA IN STAROSTNIKA / MOVEMENT AS EDUCATIONAL FEATURE FOR ESTABLISHING INTERGENERATIONAL RELATIONS AND CREATING GOOD SELF-IMAGE OF A PRESCHOOL CHILD AND AN ELDERLY PERSON

Klara Velkovrh: GIBANJE IN PROMET / MOVEMENT AND TRAFFIC

Romana Jankovec: VAROVANJE ZDRAVJA IN DEJAVNIKI TVEGANJA ZAPOSLENIH V PEDAGOŠKIH POKLICIH / HEALTH PROTECTION AND RISK FACTORS IN THE PEDAGOGICAL PROFESSION

Aleš Benko: NADARJENI UČENCI IN ENERGIJSKA VREDNOST ŽIVIL / GIFTED STUDENTS AND ENERGY VALUE OF FOOD

**15.00 – 15.15 Odmor / Break**

### **Predstavitve / Presentations 15.15 – 17.00**

Oriol Luis Rodríguez (ESP) in dr. Robert Repnik: OBESITY IN CANARIAN ISLANDS  
Alma Seferagić: ZDRAVO ŽIVIMO, NIČESAR SE NE BOJIMO / WE LIVE HEALTHY, WE ARE NOT AFRAID

Renata Kolbl: POMEN VODE ZA ZDRAVJE IN ŽIVLJENJE ČLOVEKA – IZZIV ZA UČENJE UČENCEV 2. RAZREDA OSNOVNE ŠOLE / THE MEANING OF WATER FOR HEALTH AND LIVING OF A MAN - THE LEARNING CHALLENGE FOR PUPILS OF SECOND GRADE OF THE PRIMARY SCHOOL

Klara Srakar: ŠOLA V NARAVI – ŠOLA ZA PRIHODNOST / NATURE STUDIES – SCHOOL OF THE FUTURE

Jožica Kozel: POMEN PLANINARJENJA ZA ZDRAV RAZVOJ OTROK / THE MEANING OF MOUNTAINEERING FOR HEALTHY DEVELOPMENT OF CHILDREN

Tanja Nedeljko: DRUŽENJE DVEH GENERACIJ / SOCIALIZING FOR TWO GENERATIONS

Lidija Lepoša: GIBANJE IN UČENJE V ŠOLI V NARAVI V 3. RAZREDU / EXERCISE AND LEARNING IN A NATURE SCHOOL IN THE 3rd GRADE

Mateja Lobenwein: OTROK Z BOLEZNIJO CHARCOT MARIE TOOTH V VZGOJNO IZOBRAŽEVALNEM PROCESU / CHILD WITH DISEASE CHARCOT MARIE TOOTH IN EDUCATIONAL PROCESS

Danijela Apatič: RAZŠIRJENI PROGRAM PO MERI UČENCEV / EXTENDED PROGRAM THAT SUITS THE PUPILS

**17.00 – 17.15 Odmor / Break**

### **Predstavitve / Presentations 17.15 – 19.15**

Davorin Čeleš: GIBANJE V ŠOLI – GIBANJE ZA ŽIVLJENJE / MOVEMENT IN SCHOOLS – MOVEMENT FOR LIFE

Andreja Fekonja Hamler: KAKO V UČENJE O PROMETU VKLJUČITI GIBANJE / HOW TO INCLUDE MOVEMENT INTO TRAFFIC LEARNING

Mihael Kukovec: ZDRAV ŽIVLJENJSKI SLOG DIJAKOV PO NAČELIH VITKOSTI / STUDENTS' HEALTHY LIFESTYLE BY THE PRINCIPLES OF LEAN

Simona Celec: ZDRAVA PREHRANA V ČASU ODRAŠČANJA / A HEALTHY DIET DURING GROWING-UP

Suzana Grobelšek: PREHRANA, GIBANJE IN ZDRAVJE V OSNOVNI ŠOLI / NUTRITION, PHYSICAL ACTIVITIES AND HEALTH IN PRIMARY SCHOOL

Carmen Rokavec: SPOZNAVANJE ZDRAVE PREHRANE V VRTCU / RECOGNITION OF HEALTHY NUTRITION IN KINDERGARTEN

Alenka Erjavec: GIBANJE PRI INTERESNI DEJAVNOSTI PLESNI KROŽEK / PHYSICAL ACTIVITY IN A CURRICULAR ACTIVITY "DANCING CLASS"

Jan Filipič: UČINKOVITA GIBALNA AKTIVNOST OTROK PRI POUKU ŠPORTA / EFFECTIVE PHYSICAL ACTIVITY OF CHILDREN AT SPORTS EDUCATION

Marjanca Frangež: GIBANJE NA 2. OŠ SLOVENSKA BISTRICA / PHYSICAL ACTIVITY AT 2. OŠ SLOVENSKA BISTRICA

Brigita Žerdin: PO POTI KULTURNE IN NARAVNE DEDIŠČINE / ON THE ROUTE OF CULTURAL AND NATURAL HERITAGE

Darja Cekin: ZDRAVA PREHRANA IN GIBANJE KOT DEL UČNEGA NAČRTA V TRETJEM RAZREDU OSNOVNE ŠOLE / HEALTHY FOOD AND MOVEMENT AS A PART OF THE CURRICULUM IN THE THIRD CLASS OF THE BASIC SCHOOL

Sabina Lukežič: AKTIVNO V ŠOLO PO VARNIH POTEH / GOING TO SCHOOL ACTIVELY USING THE SAFE ROUTES

**Četrtek / Thursday, 22. 11.2018**

**08.00 – 08.30 Registracija udeležencev / Registration**

### **Predstavitve / Presentation 8.30 – 9.30**

Ayvr Saidgaziev (RUS) in dr. Robert Repnik: THE IMPACT OF ULTRASOUND RADIATION ON THE HUMAN BODY AND THE DEGREE OF HARM. DEVICE FOR DETECTION OF RADIATION IN ULTRASOUND RANGE

dr. Kosta Dolenc in dr. Samo Fošnarič: VARNOSTNI IN ZDRAVSTVENI VIDIKI PRI DELU S SODOBNIMI TEHNOLOGIJAMI IN STROJI V ŠOLI / SAFETY AND HEALTH ISSUES WHILE TEACHING WITH MODERN TECHNOLOGY AND DEVICES AT SCHOOL

Rebeka Kolar: FORMATIVNO SPREMLJANJE V ŠOLSKI JEDILNICI / FORMATIVE MONITORING IN THE SCHOOL CAFETERIA

Marjetka Ferlan: KAKO PRI OTROCIH IN MLADOSTNIKI V OSNOVNI ŠOLI SPODBUDITI UŽIVANJE SADJA IN ZELENJAVE? / HOW TO ENCOURAGE CHILDREN AND TEENAGERS IN SCHOOL TO EAT FRUIT AND VEGETABLES?

### 9.30 – 9.45 Odmor / Break

#### Predstavitve / Presentations 9.45 – 12.00

Simona Glavič: PREDSTAVITEV NAČEL FAIR PLAYA SKOZI MEDNARODNI PROJEKT / INTRODUCTION OF FAIR PLAY PRINCIPLES THROUGH AN INTERNATIONAL PROJECT

Štefka Bevc: Z GIBANJEM IN PREHRANO DO BOLJŠEGA POČUTJA / THROUGH PHYSICAL EXERCISE AND HEALTHY FOOD TO WELL-BEING

Mateja Brežnik: OPIS MENJEVANJE V GIBANJU / GETTING LITERACY THROUGH MOVEMENT

Maja Paukovič: ZGODNJE UČENJE ANGLEŠČINE SKOZI GIBANJE IN IGRO / EARLY ENGLISH TEACHING THROUGH MOVEMENT AND GAMES

Lidija Gnidovec: ODMIK V NARAVO / A RETREAT TO NATURE

Martina Prejac: TERENSKO DELO PRI GEOGRAFIJI Z MEDPREDMETNIM POVEZOVANJEM / GEOGRAPHY FIELDWORK WITH CROSS-CURRICULAR INTEGRATION

Blanka Kojc: GIBALNE DEJAVNOSTI ZA IZBOLJŠANJE KONCENTRACIJE PRI POUKU / MOVING ACTIVITIES FOR IMPROVING CONCENTRATION IN CLASS

Jožica Lešnik: SOBOTNA ŠOLA ZA NADARJENE IN VEDOŽELJNE UČENCE / SATURDAY SCHOOL FOR GIFTED AND INQUISITIVE PUPILS

Denis Fras: STRES MED UČITELJI IN TEHNIKE SPROŠČANJA QIGONG / STRESS AMONG TEACHERS AND RELAXATION METHOD QIGONG

Snežana Jug: ČSOD – PROMOTOR ZDRAVEGA NAČINA ŽIVLJENJA / CENTRES FOR SCHOOL AND OUTDOOR EDUCATION – PROMOTING HEALTHY LIFESTYLE

Natalija Šimon: ŠPORT IN MEDPREDMETNO POVEZOVANJE / PHYSICAL EDUCATION (PE) AND CROSS-CURRICULAR CONNECTIONS

Gordana Stepanovska: VLOGA SLOVENŠČINE PRI PRENOSU ZNANJA O ZDRAVEM ŽIVLJENJU V SREDNJI ŠOLI / THE ROLE OF THE SLOVENIAN LANGUAGE IN THE TRANSFER OF KNOWLEDGE ABOUT HEALTHY LIVING IN SECONDARY SCHOOL (PLAKAT)

### 12.00 – 13.00 Kosilo / Lunch

#### Predstavitve / Presentations 13.00 – 15.00

Marija Majzelj Oven: DELO Z MLADOSTNIKI V PLESNI UČILNICI NA SREDNJI ŠOLI JOSIPA JURČIČA V IVANČNI GORICI / WORKING WITH ADOLESCENTS IN DANCE CLASSROOM AT JOSIP JURČIČ SECONDARY SCHOOL IN IVANČNA GORICA

Andreja Kavaš: ZDRAVA NARAVA – ZDRAVI LJUDJE / HEALTHY NATURE - HEALTHY PEOPLE

Jelka Lešnik: GIBALNO ŠPORTNE DEJAVNOSTI / MOTOR AND SPORTS ACTIVITIES

Gregor Marinšek: HLAPEVSKA DRŽA – PRODUKT MODERNE TEHNOLOGIJE / SLAVES TO MODERN TECHNOLOGY - SMART PHONE SLUMP

Bojan Novak: Z MOTIVACIJO DO GIBANJA / MOTIVATION FOR MOVEMENT

Natalija Ornik Kramberger: MODEL ŽOGE V SKLOPU DNEVA DEJAVNOSTI / BALL MODEL WITHIN ACTIVITY DAY

Ana Pečnik: SAMOPODOBA IN DUŠEVNO ZDRAVJE PRI MLADOSTNIKI SKOZI LIKOVNO UMETNOST / SELF-IMAGE AND MENTAL HEALTH OF YOUNG PEOPLE WITH THE HELP OF FINE ART

David Preložnik: GIBANJE IN RAZVOJ OSEBNOSTI V ZBOROVSKI DEJAVNOSTI / MOVEMENT AND PERSONAL DEVELOPMENT IN CHOIR ACTIVITY

Sašo Šonc: BODY PERCUSSION / BODY PERCUSSION

Vesna Vožar: Z GIBOM DO VELIKE ZAČETNICE / HOW TO LEARN LARGE INITIAL WITH MOVEMENT (PLAKAT)

### 15.00 – 15.15 Odmor / Break

#### Predstavitve / Presentations 15.15 - 17.00

Ziji Zhou (CHN) in dr. Robert Repnik: HEALTHY FOOD IN CHINA

Primož Hudi: UČENJE FIZIKE IN TEHNIKE V GIBANJU / LEARNING PHYSICS AND TECHNOLOGY IN MOTION

Anja Kunej: SKUPINSKA IGRA T-BALL / TEAM GAME T - BALL

Metka Irgolič: ŠOLA V NARAVI V BAŠKI / SCHOOL IN NATURE IN BAŠKA

Nevenka Brežnik: »BRIHTNE BUČKE« - PREDSTAVITEV DELA Z NADARJENIMI UČENCI / »BRIHTNE BUČKE« - PRESENTATION OF WORKING WITH GIFTED STUDENTS

Andreja Vrhovec Kavčič: OSNOVNOŠOLCI IN SMUČARSKI TEK / PRIMARY SCHOOL PUPILS AND CROSS-COUNTRY SKIING

Katja Ogorevc Ahačič: PROMOCIJA ZDRAVJA NA NAŠI ŠOLI / HEALTH PROMOTION IN OUR SCHOOL

Milena Vreš: ZDRAVJE IN GIBANJE TER PREHRANA – TRADICIONALNI SLOVENSKI ZAJTRK / HEALTH, EXERCISE AND FOOD – A TRADITIONAL SLOVENIAN BREAKFAST

Helena Hedžet: Z GIBANJEM DO ZDRAVJA V 4. IN 5. RAZREDU OSNOVNE ŠOLE / WITH MOTION TO HEALTH IN THE 4th AND 5th CLASSES OF THE BASIC SCHOOL

**17.00 – 17.15 Odmor / Break**

**Predstavitve / Presentations 17.15 – 19.00**

Irena Grašič Arnuš: VKLJUČEVANJE GIBANJA PRI ZGODNJEM POUČEVANJU TUJEGA JEZIKA / INCLUSION OF PHYSICAL ACTIVITY IN EARLY FOREIGN LANGUAGE TEACHING IN THE FIRST EDUCATIONAL PERIOD

Melita Bračko Hakl: NAŠ MINI ZELIŠČNI VRTIČEK / OUR MINI HERBAL GARDEN

Monika Pajič: POVEZOVANJE GLASBENIH IN ŠPORTNIH VSEBIN V 1. RAZREDU / CONNECTING MUSIC AND SPORTS ACTIVITIES IN THE FIRST GRADE OF PRIMARY SCHOOL

Barbara Gačnik: DUŠEVNO ZDRAVJE PREDŠOLSКИH OTROK IN VPLIV VRTCA / MENTAL HEALTH OF PRE-SCHOOL CHILDREN AND THE INFLUENCE OF KINDERGARTEN

Andreja Mikluš: VZPODBUJANJE ZDRAVEGA NAČINA ŽIVLJENJA PRI POUKU ANGLEŠČINE / PROMOTING HEALTHY LIFESTYLE BEHAVIOURS IN ENGLISH CLASSES

Ljuba Plesec: ŠPORT V DIJAŠKEM DOMU IVANA CANKARJA IN SKRB ZA ZDRAVJE MLADOSTNIKOV / SPORT IN IVAN CANKAR DORM AND CARE FOR HEALTH OF YOUNG PEOPLE

Simona Potočnik: TRADICIONALNI SLOVENSKI ZAJTRK NA BIOTEHNIŠKI ŠOLI RAKIČAN / TRADITIONAL SLOVENIAN BREAKFAST AT BIOTEHNIŠKA ŠOLA RAKIČAN

Tjaša Švab: ŠOLSKE ŠPORTNE DOGODEK KOT SPODBUDA ZA ZDRAV ŽIVLJENJSKI SLOG / A SCHOOL SPORT EVENT AS AN IMPULSE TO LEAD A HEALTHY LIFESTYLE

Lučka Šraml: Z GIBANJEM LAŽJE V GLAVO GRE / USING GYM - MORE CLEAR MINDS

Barbara Stopar: POMEN ERGONOMSKO OBLIKOVANEGA DELOVNEGA MESTA ZA ZDRAVJE DELAVCEV / MEANING OF THE ERGONOMICALLY DESIGNED WORKPLACE FOR HEALTH OF WORKERS

**Petek / Friday, 23.11.2018**

**08.00 – 08.30 Registracija udeležencev / Registration**

**Predstavitve / Presentation 08.30 – 9.30**

mag. Peter Hofman (AUT): BRAINFOOD-THE STEP BY STEP KLIMASCHUTZGARTEN GOSDORF EXPERIENCE

mag. Uroš Perko in dr. Petra Dolenc: THE RELATIONSHIP BETWEEN PHYSICAL ACTIVITY, MEANING IN LIFE, LIFE SATISFACTION AND DEPRESSION SYMPTOMS  
Bojana Krašovec: SKRB ZA ZDRAVJE – DEJAVNOSTI ZA PRVOŠOLCE / HEALTH CARE – ACTIVITIES FOR FIRST-CLASS STUDENTS

Ksenija Pirih Tavčar: NARAVOSLOVNI DAN V 1. RAZREDU – ZDRAVA ŠOLA / FIRST-GRADE SCIENCE DAY: THE HEALTHY SCHOOL PROGRAM

**9.30 – 9.45 Odmor / Break**

**Predstavitve / Presentations 9.45 – 12.00**

Nika Forjanič Huber: UPORABA SODOBNIH DIGITALNIH NAPRAV IN NEGATIVNE POSLEDICE NA ZDRAVJE OTROK / EFFECTIVE PHYSICAL ACTIVITY OF CHILDREN AT SPORTS EDUCATION

Nataša Benko: GIBANJE V VRTCU / MOVEMENT IN KINDERGARTEN

Darja Vajngerl: ZDRAVA PREHRANA V VRTCU / A HEALTHY DIET IN THE KINDERGARTEN

Franja Šmon Drevenšek: VARNO IN PREUDARNO V GORE IN ŠE KAM / SAFE AND THOUGHTFULLY IN THE MOUNTAINS AND YET WHERE

Irena Forštnarič: UČIMO SE ZDRAVO ŽIVETI ZA DANES IN JUTRI / LEARNING TO LIVE HEALTHY FOR TODAY AND TOMORROW

Miha Indihar: KOORDINACIJA ZA ŠPORT V LJUBLJANSKIH DIJAŠKIH DOMOVIH / COORDINATION OF SPORT IN LJUBLJANA BOARDING SCHOOL

Nina Golob: STRES, IZGORELOST IN SKRB ZA ZDRAVJE ZAPOSLENIH V DIJAŠKEM DOMU IVANA CANKARJA / STRESS, BURNOUT SYNDROM AND HEALTH CARE OF EMPLOYEES AT BOARDING SCHOOL IVAN CANKAR

Tjaša Strmšek: URAVNOTEŽENA PREHRANA IN REDNO GIBANJE – DEJAVNIKA ZDRAVEGA ŽIVLJENJA / NUTRITIONED FOOD AND REGULAR MOVEMENT - HEALTHY LIFE ACTIVITY

Nataša Kuhelj Rožac: SKRB ZA DUŠEVNO ZDRAVJE MLADOSTNIKOV V DIJAŠKEM DOMU IVANA CANKARJA / THE MENTAL HEALTH CARE FOR THE YOUNG PEOPLE AT THE BOARDING SCHOOL OF IVAN CANKAR

Katarina Požun Brinovec: GIBANJE POD ŠESTIMI KLOBUKI / SPORT PRACTISING UNDER SIX HATS

Marjan Videnšek in Sonja Bertalanič: POST IN UČINKI POSTENJA / FASTING AND ITS EFFECTS

Irena Burja: AKTIVNI ŠOLSKI HODNIKI / ACTIVE SCHOOL HALLWAYS

Justi Barle: UČENJE MATEMATIKE NA BOLJ ZABAVEN NAČIN / LEARNING MATHEMATICS IN AN AMUSING WAY

**Kosilo / Lunch 12.00 – 13.00**

**Predstavitve / Presentations 13.00 – 15.00**

Eva Klemenčič, dr. Samo Fošnarič in dr. Robert Repnik: THE USE OF SOURCES IN TEACHING PHYSICS-RELATED CONTENTS IN ELEMENTARY SCHOOL AND HIGH SCHOOL

Bernarda Klemenc: POMEN ZDRAVIH PRIGRIZKOV V ČASU IZOBRAŽEVANJ / THE IMPORTANCE OF HEALTHY SNACKS DURING EDUCATION

Jože Korošec: Z RAZTEZNIMI VAJAMI PRI PRAKTIČNEM POUKU DO BOLJŠE KONCENTRACIJE / WITH STRETCHING EXERCISES AT PRACTICE CLASS TO A BETTER CONCENTRATION

Klavdija Koman: GIBANJE IN ZNANJE Z ROKO V ROKI / PHYSICAL ACTIVITY AND LEARNING HAND IN HAND

Jerca Šolar Rihtar: PLANINSKI TABORI OSNOVNE ŠOLE GORJE / MOUNTAIN CAMPS FOR GORJE PRIMARY SCHOOL PUPILS

Tatjana Pintar: PAVZA ALI ODMOR ZA GIBANJE NA OSNOVNI ŠOLI GORJE / 'PAVZA' OR AN EXERCISE BREAK AT GORJE PRIMARY SCHOOL

Simona Ternik: TUDI ZDRAVEGA NAČINA ŽIVLJENJA SE JE POTREBNO NAUČITI / WE NEED TO LEARN A HEALTHY WAY OF LIVING TOO

Monika Ravnjak: TABOR V NARAVI ZA UČENCE PRVE TRIADE / A CAMP IN NATURE FOR PUPILS IN FIRST THREE YEARS OF SCHOOLING

Simona Svanjak: PLES ZA ZDRAVJE IN ZABAVO / DANCING FOR HEALTH AND FUN

Alenka Vidgaj: GIBANJE IN AKTIVNOSTI NA PROSTEM SO ZABAVNE / EXERCISING AND OUTDOOR ACTIVITIES CAN BE FUN

Simona Janežič: SKRB ZA ZDRAVJE GIBALNO OVIRANIH OTROK Z VKLJUČITVIJO V NACIONALNE ŠPORTNE PROGRAME V VRTCU IN OSNOVNI ŠOLI / HEALTH CARE FOR PHYSICALLY DISABLED CHILDREN WITH INCLUSION IN THE NATIONAL SPORTS PROGRAMS IN KINDERGARTEN AND PRIMARY SCHOOL

Monika Hajdinjak: VPLIV VZGOJNO IZOBRAŽEVALNIH DEJAVNOSTI NA ODGOVORNO RAVNANJE S HRANO IN ZAVRŽENO HRANO V ŠOLI / THE EFFECT OF EDUCATIONAL ACTIVITIES ON RESPONSIBLE ACTING WITH FOOD AND WASTED FOOD IN SCHOOL

Valerija Zorko: MOTNJE HRANJENJA IN PREHRANJEVALNE NAVADE DIJAKOV GIMNAZIJE CELJE – CENTER / EATING DISORDERS AND EATING HABITS OF STUDENTS AT GIMNAZIJA CELJE - CENTER

**Odmor / Break 15.00 – 15.15**

**Predstavitve / Presentations 15.15 – 17.15**

Magdalena Udovč: KAKO POSKRIBETI ZA ZDRAVJE UČITELJEV / HOW TO TAKE CARE OF TEACHERS' HEALTH

Tina Cvijanović: LITERARNI SPREHOD PO POTEH KULTURNE DEDIŠČINE / A GUIDED WALKING TOUR OF THE LITERARY HERITAGE

Tina Zrilič: ECO, BIO, ORGANIC? / ECO, BIO, ORGANIC?

Uroš Redek: POMEMBOST GIBANJA TER VPLIV NA VEČJO MOTIVACIJO NA RAZISKOVALNEM TABORU ELEKTROTEHNIKE IN RAČUNALNIŠTVA ZA OSNOVNOŠOLCE / THE INFLUENCE OF PHYSICAL ACTIVITY ON PUPILS' MOTIVATION AT IT AND ELECTRONIC SUMMER CAMPS

Aleš Tomič: ANALIZA IN SPREMLJANJE TELESNE SESTAVE PRI DIJAKIH / ANALYSIS AND BODY COMPOSITION OF YOUNG ADULTS

Tatjana Goršek: VZEMI SI ČAS ZA ČAJ / LET'S TAKE TIME FOR TEA

Lidija Pristavec: PROJEKTNO DELO Z LUTKO. IGRA Z NARAVNIMI MATERIALI V PREDŠOLSLEM OBDOBJU / PROJECT WORK WITH A PUPPET. PLAYING WITH NATURAL MATERIALS IN PRESCHOOL EDUCATION

Nina Zorko: UČINKI METOD PLESNO-GIBALNE TERAPIJE PRI OTROKU Z MOTNJO AVTISTIČNEGA SPEKTRA / EFFECTS OF DANCE-MOVEMENT THERAPY METHODS ON A CHILD WITH AUTISM SPECTRUM DISORDERS

Katja Leskovic: ALTERNATIVNE OBLIKE POČITKA V VRTCU / ALTERNATIVE FORMS OF REST IN KINDERGARTEN

Zorica Petrović: USMERJANJE OTROKA V TEKMOVALNI ŠPORT / DIRECTING CHILDREN INTO COMPETITIVE SPORT

Aleksandra Štrus: PREHRANA – SMERNICE ZDRAVEGA PREHRANJEVANJA, ZDRAV IN URAVNOTEŽEN ZAJTRK / FOOD - HEALTH CARE GUIDES, HEALTH AND BREAKDOWN

Mateja Pitako: PLASTIČNO ONESNAŽENJE / PLASTIC POLLUTION

**Odmor / Break 17.15 – 17.30**

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| <b>Predstavitve / Presentations 17.30 – 19.20</b> |
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Anita Mlinarič: ORIENTACIJSKA TEKMOVANJA PLANINSKE ZVEZE SLOVENIJE / ORIENTEERING BY ALPINE ASSOCIATION OF SLOVENIA

Ksenija Pejanovič: STOPNIČKA NA POTI K SAMOSTOJNOSTI / A STEP IN THE WAY OF INDEPENDENCE

Adriana Perič: SAMOEVALVACIJA GIBLJIVOSTI ROK IN RAMENSKEGA OBROČA / SELF-EVALUATION OF ARM AND SHOULDER FLEXIBILITY

Renata Šumah: JE GIBANJE LAHKO TUDI UČENJE? / CAN MOVEMENT BE ALSO LEARNING?

Petra Župevc: ČE PA ZJUTRAJ NISEM LAČEN! / BUT I'M NOT HUNGRY IN THE MORNING!

Alenka Mujdrica Rožman: HRANA IN DAN DEJAVNOSTI / FOOD AND DAY ACTIVITIES

Suzana Tivadar: MINUTE ZA GIBANJE / MINUTES FOR MOVEMENTS

Renata Kranjc Vöröš: DAN ZDRAVE ŠOLE / THE DAY OF A HEALTHY SCHOOL

Matej Švegl: AEROBNA AKTIVNOST V ŠOLI, NA DRUGAČEN NAČIN / AEROBIC ACTIVITY AT SCHOOL, IN A DIFFERENT WAY

Andreja Kolarič: VZGOJA ZA ZDRAV NAČIN ŽIVLJENJA / HEALING HEALTH MODE

Vanesa Pev Stibilj: GIBANJE IN OPISMENJEVANJE Z ROKO V ROKI / MOVEMENT AND ACQUIRING LITERACY SKILLS HAND IN HAND

**ZAKLJUČEK 19.20**

***Vljudno vabljeni!***